



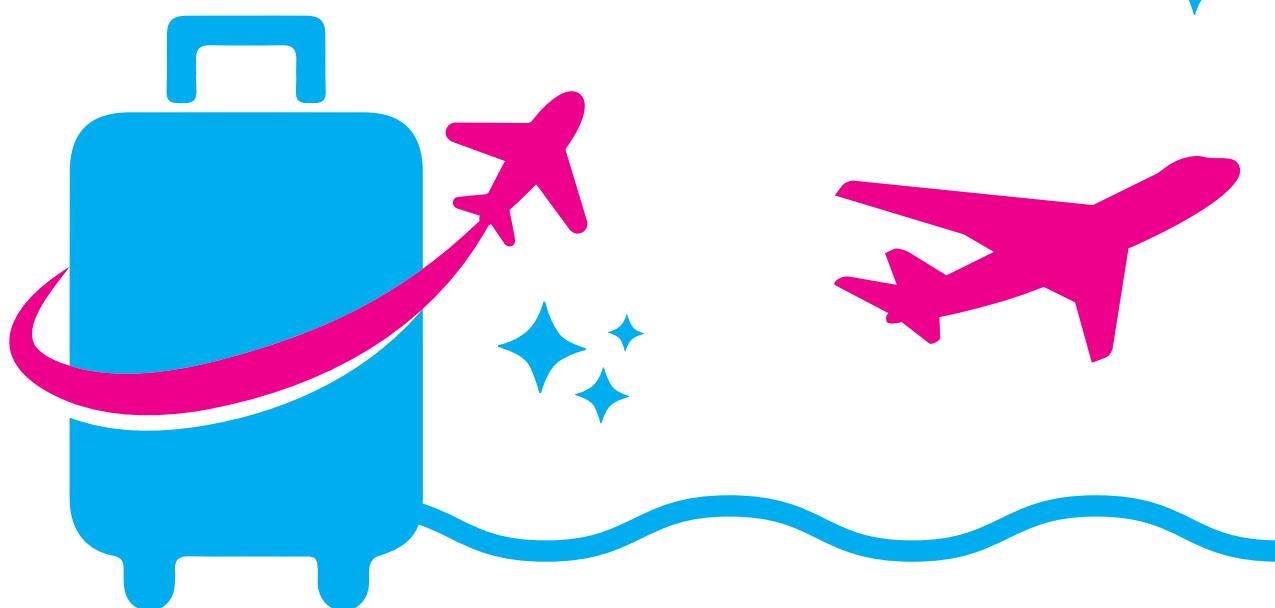
ESN

Erasmus Student Network
Bari



presents

THE ULTIMATE SURVIVAL GUIDE FOR YOUR ERASMUS EXPERIENCE



WELCOME TO BARI!

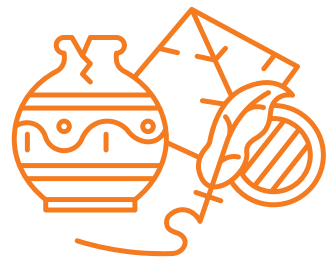
Bari, the third largest city in southern Italy, is the **regional capital of Apulia**. Ancient but still young, Bari hosts a large number of students from all over southern Italy and the world.



HISTORY TIPS!

The city of Bari was founded during the Bronze Age. Its strategic position made it essential for maritime trade and with the East. It is divided into two parts, the old town and the new town. The old town stands on the ruins of a small Roman town and still retains the appearance of a medieval town; the new town, on the other hand, has been developed little by little since the 19th century, with streets organised in a chessboard-like pattern.

In addition, Bari is a religious destination for many Christian pilgrims, famous for being the home of the relics of St Nicholas of Myra: in fact, it is this figure that unites East and West.



Bari's climate is Mediterranean. The average winter temperature is about 8.5 °C, while the hottest month (August) is 25.5 °C.

WELCOME TO BARI!

WHAT SHOULD I VISIT?



Castello Svevo



Basilica di San Nicola



Teatro Petruzzelli



Pinacoteca "C. Giaquinto"

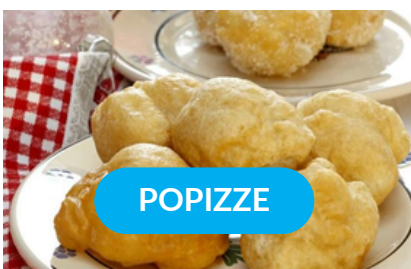
WHAT SHOULD I EAT?



PANZEROTTI



ORECCHIETTE
CIM' D' RAP'



POPIZZE



FOCACCIA



CRUDO DI MARE

WELCOME TO BARI!

SOMEBODY SAID FESTIVAL?

The **feast of St Nicholas in Bari** takes place on 6 December (or the second Sunday in December), so it may vary depending on the year. While, in the days around 8 May, Bari celebrates the translation of the patron saint's relics from Myra to Bari, an event that attracts visitors from all over. The celebrations for the patron saint take place over four days, with two main ceremonies.



OTHER ACTIVITIES TO CHECK IT OUT

BIF&ST
BARI
INTERNATIONAL
FILM FESTIVAL

VENERDÌ SANTO - BARI



FIERA DEL LEVANTE - BARI



NOTTE DEI FALÒ - MONOPOLI



Despite the fact that the biggest festivities are related to the Christian religion, the activities in our city offer so much more, we stay constantly updated and always offer new events to those who are ready to discover them!

BEFORE THE ARRIVAL



BUDDY SYSTEM

A **buddy** is an **ESNer** (one of the volunteers of the Erasmus Student Network) who voluntarily offers his free time to help an incoming Erasmus student in activities such as research of the department's international office, filling out documents, the visit to the university and the accompaniment to the ESN office, the presentation of the new city and so on.

In short, it will accompany you throughout your Erasmus in the doubts of every day, and maybe you will become friends for life!



HOW TO PARTICIPATE?

Check out the **ESN Bari communication channels** to find the link to request your Buddy (usually 1-2 months before the start of each semester). Shortly after, the buddy-erasmus couples will be matched and will be communicated to you as soon as possible via email or whatsapp.



HOUSING

It is advisable for students to **start their search for accommodation as soon as they receive confirmation of their mobility**. In order to facilitate the search, it is possible to make use of a list of different websites where there are many verified room advertisements, such as:

- [Idealista.it](https://www.idealista.it)
- [Cercoalloggio.com](https://www.cercoalloggio.com)
- [Subito.it](https://www.subito.it)
- [Bakeca.it](https://www.bakeca.it)
- [Immobiliare.it](https://www.immobiliare.it)
- [Stanzasemplice.com](https://www.stanzasemplice.com)



ESN Bari helps Incoming students thanks to the support of the housing association ESE.

ESE, i.e. **Erasmus Student Experience Bari** (esebari.it), is an association that has an agreement with our University. This association offers students a free personalized service of house hunting, contractual support, translation and assistance with flat management issues.

The contact person is an **ESN member** who speaks Italian, English and Spanish. She will be able to indicate available rooms with attached photos, location and prices via WhatsApp.



The price of a room in Bari ranges from around €250 to €500, excluding commission. Landlords often look for people to rent for 12 or 6 months. Sometimes it is possible to rent for 5 months or to manage to negotiate for even less but it is not guaranteed (in any case, it never hurts to try, and we ESNrs can help you). Most Erasmus students in Bari opt for accommodation in the city center (near the Humanities faculties) or towards the Politecnico (for the Scientific ones) being easier when it comes to going out at night. In this regard, you should bear in mind that it is not always possible to use public transport, especially at night. The most popular neighborhoods we feel we can recommend are: **Murat, Libertà, Picone, Carrassi, Madonnella, San Pasquale.**

There are university residences that can guarantee every comfort for the exchange student, but that are relatively expensive. The price is more or less around €500 per month for an individual room, and we can refer to CampusX Bari: <http://www.campusx.it/bari/>. We therefore recommend leaving this as a last resort.

THE ARRIVAL



The **bus** line is **no.16** and it takes about 45 minutes to reach the last stop, **Bari Centrale Station (Piazza Aldo Moro)**. The ticket can be purchased inside the airport, at the ticket office, for €1,50.



The **subway** is next to the bus stop (down the escalators). The train takes about 25 minutes to **Bari Centrale Station** at a cost of €5. There is a ticket office downstairs where you can buy your ticket or the automatic machines.



The best solution would be the **FREE pick up service** provided by ESN Bari volunteers, who will pick you up at the airport and take you home, helping you with the landlords. For this service, all you have to do is fill in the Google Form **7 days before your arrival**, it will be sent in the WhatsApp groups. (you will be notified if you have to pay the cost of transport tickets)

There are also taxis and shuttle buses that can take you to the city centre, at a higher cost. For more information on how to get around, we recommend the **Moovit** app.

ITALIAN BUROCRACY



CODICE FISCALE

It is an alphanumeric code required to register any type of contract (work, rent, etc.) and access the health service.

HOW CAN I GET IT?

Before your Arrival: You should **phone the nearest Italian Embassy**: they will provide you with it in a short time!

After your Arrival: go to the *Agenzia delle Entrate* (via Amendola 201 - bus line 21 or 22) in the morning (8-12 am) to request it.

Be careful: you may need to book from the website!

PERMESSO DI SOGGIORNO - RESIDENCE PERMIT

If you are an extra-EU citizen, you need a **Residence Permit** first.

Go to your nearest post office and ask for a Residence Permit card.

Once you have done this, you can either go to a professional to fill in the paperwork, through a common CAF (the cost of the service varies from 70 to 100€) or ask one of the **ESN volunteers** to help you for free.

COST OF LIVING

Italy is *one of the most economically developed European countries*, so don't be surprised by the prices! But here's some tips:



- **Grocery:** common products are cheap, you can eat at will with **150 € per month!**
- If you want to **eat out**, you can! You will spend **less than 2€** for a panzerotto or a piece of focaccia (yes, just the **typical food**). You will pay less than 5€ for a margherita pizza in a pizzeria.
- **Nightlife** is waiting to be discovered. The people of Bari like to hang out in the open air, hang out in the street to talk and get to know each other while sipping a cool drink. A can or a beer can cost on average between 1.50 and 5€.
- **Clubbing tonight?** ESN parties always try to keep the price as low as possible and usually cost 10€ if you can walk there, 15 or at most 20€ when private bus transfer is included in the price.
- **Renting a room** each year is becoming more and more expensive and generally ranges from 250 to 400€/m excluding charges.

THE UNIVERSITY



The **UNIVERSITY OF BARI "ALDO MORO"** It is divided into four different poles.

- In the pole located in the centre in '**Piazza Cesare Battisti**' there are the Humanistic faculties such as: law, social and political sciences, psychology, literature, languages. It is easy to reach from almost any part of Bari.
- In the **Campus, located in Via Orabona**, there are the scientific faculties such as: computer science, mathematics, physics, food science, chemistry, pharmacy, biotechnology.
- The **General Hospital Area (Policlinico)** houses the medical and hospital faculties.
- The **Economics Area** is in **Via Camillo Rosalba**.

The **POLITECNICO DI BARI**, on the other hand, is home to all the scientific faculties belonging to the University of Bari, with the addition of the faculties of engineering and architecture.



Department of Management, Finance and Technology, Department of Business Law, Department of Medicine and Surgery



Criminology and Cyber Security, Digital Marketing, Tourism Business Management, Fashion Management, Multicultural Interaction.



Among the most important institutions of higher musical education in Italy.



State university institute belonging to the higher artistic and musical education sector

THE UNIVERSITY

USEFUL CONTACTS FOR ERASMUS MOBILITY BUREAUCRACY



Università di Bari "Aldo Moro"

erasmus.incoming@uniba.it

or on Microsoft Teams "Luisa Nasta"



Politecnico di Bari

rosilda.sammarco@poliba.it



Conservatorio "Niccolò Piccinni"

erasmus@consba.it



SSML Bona Sforza

erasmus@bonasforza.it



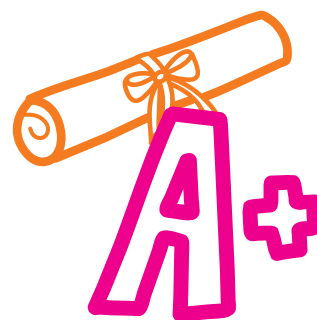
Accademia di Belle Arti

erasmus@accademiabari.it



LUM-Libera Università Mediterranea

international@lum.it



EMERGENCY NUMBER



Just dial the **number 112** to contact the **Force of Carabinieri** who are able to guarantee, 24h a day, their immediate intervention. You can dial for free the 112 number from any telephone. The Carabinieri will collect all the evidence of the fact and take the necessary measures.



The **Vigili del Fuoco** is the State structure responsible for ensuring, throughout the national territory, the public rescue service and the prevention and extinction of fires, including forest fires. Just dial the **number 115** in case you need help.



If it's an **emergency** go to the emergency room carrying your Tax Identification Number and Health Insurance Card (or European Health Insurance Card). Or, if you cannot walk independently, **call 118**. The Bari General Hospital also has Ophthalmology Emergency Room.

Non-emergency: go to the nearest Continuity of Care Centre carrying your Tax Code and Health Insurance Card (or European Health Insurance Card).

Specialist consultations (Dentist, Ophthalmologist, Dermatologist, etc): It is better to receive such services in your country of origin because specialists in Italy are very expensive. Moreover, for more delicate matters, it is always better to communicate in one's mother tongue.



ESN BARI

AND THIS IS US!



We are a **volunteer association of university students** who are committed to helping international students on their trip to Bari. Many of us have already been on Erasmus, some simply love the international environment, but all have the same goal.

Every year we welcome about **500 foreign students**. ESN Bari operates according to the principle "Students helping students", with the aim of helping students "in exchange" to better live their study experience abroad and provides support to both outgoing (outgoing) and incoming (incoming) students.

The activity carried out by ESN Bari over the years has seen the realization of numerous projects born from the love for the city of Bari and from the love for the neighbor, that unites all the volunteers of the "Erasmus Bari" Association.

The ESN Bari Office, at Politecnico of Bari: members and erasmus students study and relax. Sometimes small events are organized to pass an alternative study break.

ESN BARI



CULTURE. Young people immerse themselves in a foreign culture through mobility programs, offering them the opportunity to experience life in a different and unfamiliar environment. The prospect of engaging with a new culture serves as a powerful motivation for these individuals to move abroad.



SOCIAL INCLUSION. Our section prioritizes social inclusion by facilitating activities and events that enable international students to actively participate and connect with our society. These initiatives foster contributions from international students and encourage meaningful interactions within the community.



SKILLS AND EMPLOYABILITY. ESN enhances international students' employment opportunities by providing them with valuable experiences abroad. With an 85% increased chance of catching the attention of recruiters, ESN equips students with essential skills and transversal competencies sought after in the job market.



HEALTH AND WELL BEING. Embracing the mantra of "healthy mind, healthy body," our section frequently arranges sports-oriented events to promote physical well-being. These events encompass a range of activities, including excursions, football matches, beach volleyball, and dance classes.



EDUCATION AND YOUTH. Our organization aims to foster and support international mobility, particularly in the context of educational institutions. ESN takes on the role of a spokesperson and arranges meetings in secondary schools and high schools to emphasize the significance of international exchanges.



ENVIRONMENTAL AND SUSTAINABILITY. Our members are dedicated to addressing a major challenge in today's society. They strive to raise awareness and set an example by actively participating in activities like plastic collection drives and environmental awareness days.

THE ESNCARD

WHAT IS IT?

The **ESNcard** is the **membership card of the Erasmus Student Network (ESN)**. It gives you access to all the services offered by ESN and all our partners. The aim of the ESN membership is to support international students and trainees and give them access to affordable opportunities during their period abroad.



With the ESNcard, you will **enjoy plenty of discounts** such as **housing, sport, food, flight**, etc. all over Europe. You will also have the opportunity to participate in hundreds of events with your ESN section and other sections around your destination country, and even beyond, for the period of your membership.



HOW DOES IT WORK?

In order to become part of ESN, as in many other organizations, you will need to become a member, which requires getting your ESNcard. But, receiving this card does not mean having just a card... It implies becoming a **Member of the Erasmus Generation**. With the ESNcard you can become part of a generation of youth willing to break barriers and erase borders. It is up to you, the implication you want to offer, and how far you are willing to go.

Your membership card (ESNcard) can be purchased in our local section here in Bari, which can be used for parties, events and travel with our section. Register on [ESNcard.org](https://www.esncard.org) and activate offers by adding your ESNcard number (below the barcode) to your user profile.

One thing we know for sure, is that you **will be able to enjoy all the discounts in we have got in more than 500 sections around Europe**. You will be able to find them on the local level, like in the city where you are staying, as well as on the national or international levels.